

COTE FIRST NATION NEWSLETTER

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Community Update



Cote First Nation Community Clean-Up

The community event is **Tuesday, May 16th 2023 @ 10:00 am** at located meet-spot Rec-Plex. The first 75 people to show up will be used in the clean-up.

Garbage bags, gloves, water and lunch bags for dinner will be provided.

Recently, the restaurant formerly known as The Notched Branch Bistro Restaurant has been purchased by Cote First Nation.

A new name for the restaurant is needed, and asked to the Cote First Nation community for suggestions. The Name Suggestions can be submitted, and entered into a draw.

The name draw will be open until June 30, 2023.

To submit a name suggestion, **directly email Judge Cote @ judge.cote@cotefn.ca**

The Ec Dev will review, and contact a selected winner.



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Health

Cote Youth Center - Easter Baskets to be given out on **Thursday April 6, 2023 @ 1:00 pm.**

It is asked to write down the kids names, this is for funding purposes.
Chance to win a door prize. Happy Easter!

Cote Band Hall Father's Day - Inviting All Fathers on **June 17, 2023 @ 2:00 pm - 5:00 pm.** There will be Crib and Kaiser tournament that will take place, as well as food and beverages will be provided. **To attend, RSVP to Joanne Bryant @ 306 - 590 - 9995.**



Guest Speaker: *Joanne Bryant*

Grief Share

workshops
wednesday
May 17

&
June 14
July 12

5pm - Grief Share story
6pm - Supper
7pm - small group share
\$100 Gifts Cards x 2

Calling All Support workers and family members to assist

come and support

- Mental Health supports available
- Opportunity to share in small groups
- Learn Coping Skills
- Readjusting to life
- Forming New relations
- Support Family & Friends

Cote First Nation - Mental Health Therapist, Amanda Daku

Amanda Daku, a registered social worker offers mental health counselling session to all ages founded on strength-based, holistic, and trauma-informed approaches.

Amanda is located at various locations through the week-days, and her schedule can be found on the following poster. If additional information is needed, **contact Amanda Daku @ 306 - 590 - 7435 and/or amanda.daku@cotefn.ca.**

Grief Share Workshops - Guest Speaker Joanne Bryant

Dates: May 17, June 17, July 12.

The workshops are a safe, and inclusive space. The workshop opportunities allow to share in small groups, learn life coping skills, and adjusting to life. Attending the workshops will support in forming new relations, and how to support family and friends.

Mental Health Therapist

Cote First Nation



Amanda Daku BSW, RSW

Amanda Daku is a registered social worker and a student art and expressive art therapist. Amanda offers a safe, caring, confidential environment during sessions. She offers counselling services to adults, couples, teens, children, and families. Amanda's top priority is building a strong rapport during sessions so clients can move forward in their healing journey with the least amount of barriers.

We all experience trauma, rejection, fear, and pain in our journey. This can negatively affect us psychologically, emotionally, mentally, and spiritually. If you desire freedom, past unresolved wounds or patterns may need to be addressed. Amanda specializes in supporting others who may be suffering from grief, family conflict, identity, abandonment, wounded inner child, low self-esteem, addiction, mental health, trauma, anxiety, addictions, or abuse.

During sessions Amanda walks alongside clients to meet them where they are at, providing support and resources to build the tools to find strength and power within themselves to heal. Amanda's counselling methods come from a strength-based, holistic, and trauma-informed approach. Knowing that with guidance every client has the answers within them.

Monday's - Walking Buffalo Detox Centre
Tuesday's - Chief Gabriel Cote School
Wednesday's - Health Clinic
Thursday's - Wings of Hope
Friday's - Chief Gabriel Cote School

amanda.daku@cotefn.ca
1306 590 7435

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Education:



COTE FIRST NATION
POST-SECONDARY EDUCATION PROGRAM
P.O BOX 1659
KAMSACK, SASK. S0A-1S0
PH (306) 542-2694
FAX (306) 542-3735
EMAIL: COTEPOSTSECONDARY@HOTMAIL.CA



Cote Post-Secondary Program

Cote First Nation members, please be advised that the deadline to apply for Post-Secondary funding for the Fall 2023 semester is as follows:

June.30th, 2023

Application documents required:

- Completed Post-Secondary application
- Status verification
- Institution acceptance letter
- Final class registration
- Most recent class marks (High School/ University)

NOTE: Any incomplete applications will cause delays in the funding process.

Melissa Langan
Cote Post-Secondary Coordinator

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Employment Opportunities:



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Employment Opportunity

Wings of Hope Cook

The Wings of Hope Cook is a position supervised by the Wings of Hope Supervisor with overall accountability to Cote Health. They shall be responsible for cooking and preparing meals. Other duties will include general clean up of the kitchen area, assisting in maintaining inventory, and any other obligations by the rules and regulations of the Wings of Hope.

SKILLS & QUALIFICATIONS

- Food handling safety course will be an asset.
- The Cook must possess a general knowledge of the food service industry
- Have a minimum of Grade 12 or equivalent practical experience in a food service environment
- Must be willing and able to work an eight (8) hour shift within a five (5) day work week, including weekends and be on-call in cases of unscheduled absences and emergencies
- Exhibit excellent communication skills to deal effectively in writing and orally with their supervisor and fellow employees.
- Contain the ability to work with minimal supervision and excellent time management skills.
- Must possess the ability to deal with team staff in a courteous and business-like manner.
- Take direction and work together to promise a team environment.
- Must be willing to follow the procedures, practices and policies of the Wings of Hope and Cote Health.
- Punctual, dependable, and reliable and ensure that confidential matters remain confidential.

Other Requirements:

- The successful candidate must submit clear CPIC & Vulnerable Sector Checks.
- Must have a valid driver's licence and a reliable vehicle for work-related responsibilities.

Closing Date: April 28th, 2023

*We sincerely thank all applicants for their interest in the position;
however, only short-listed candidates will be contacted for an interview.*

Please submit your cover letter and resume to Cote Health Director Darlene Bryant
via email: darlene.bryant@cotefn.ca



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Employment Opportunity

Toddler Caregiver

Wild Pigeon Learning Center is seeking an enthusiastic, self-motivated and responsible individual for the position of Toddler Caregiver. This person will be responsible for caring for a group of toddlers from eighteen (18) months to three (3) years old. The following duties are not intended to serve as a comprehensive list of all tasks performed by the Caregiver, only a representative summary of the primary duties and responsibilities.

DUTIES & RESPONSIBILITIES

- Provide care to the toddler age range from eighteen (18) months to three (3) years old.
- Will be responsible for toddlers in your care, feeding, changing, playing, teaching and guiding them.
- Communicate with the parents.
- Maintain a daily log.

QUALIFICATIONS & SKILLS

Minimum Education:

- Grade 12 diploma and or equivalent.

Preferred Education

- Possess an Early Childhood Certificate or equivalent (working towards obtaining certification).
- Must contain a Safe Food Handling Certificate.
- Possession of CPR/ First Aid Certificate.
- Must possess good interpersonal communication skills.
- Contain the ability to work with a team and independently without a supervisor.
- Ability to establish and maintain effective and cooperative working relationships.
- Excellent time management skills, able to multitask and maintain a schedule.

Other Requirements:

- The successful candidate must submit a current CPIC & Vulnerable Sector Check.
- Must have a valid driver's licence and a reliable vehicle for work-related responsibilities.

Closing Date: May 15th, 2023

*We sincerely thank all applicants for their interest in the position;
however, only qualified applicants will be contacted for an interview.*

Please submit your cover letter, resume and pertinent documentation to Wild Pigeon Learning Center Manager Monica Perswain via email: monica.perswain@cotefn.ca



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Employment Opportunity

Walking Buffalo Detox Manager

Under the direction of the Cote First Nation Health Director, the Walking Buffalo Detox Manager's primary goal is to provide non-clinical counselling services, including confidential addiction counselling, referrals to other detox and treatment facilities, education and support to Cote First Nation Citizens and their families, and to promote positive and healthy lifestyles and choices. The following duties are not intended to serve as a comprehensive list of all tasks performed by the Manager, only a representative summary of the primary duties and responsibilities.

DUTIES & RESPONSIBILITIES:

- Ensure quality coordination of services, the standard of care, and staff skill development and competency.
- Determine needs for additional support services and program objectives by developing, monitoring, and evaluating services offered.
- Monitor expenses and monthly financial reports of appropriate utilization of facility resources and review quarterly with the Cote Health Director.
- Responsible for all personnel decisions, including but not limited to staffing, progressive discipline, staff evaluations, training needs etc., are properly recorded and submitted to the Cote Health Director
- Oversight of scheduling and adequate staffing coverage for the program.
- Work with the Cote Health Director to implement program changes and policies as needed.
- Admit new relatives by reviewing applications, ensuring the completion of intake interviews, assessing for safety and conducting orientations.
- Foster effective connections between patients, patients' families, referral sources and outpatient staff to ensure clear communication and treatment planning.
- Liaise and advocate for relative needs and services to support recovery and aftercare stability.
- Ensure detox staff are routinely meeting and/or communicating with families, referents and others to address complex needs of patients, including coordination of early discharge, patient pick up, scheduling and/or preparing a list of potential referrals to higher-level mental health resources, etc.
- Ensure detox staff complete all required patient treatment plans and case notes accurately and timely.
- Maintain confidential records of client interactions.
- Provide a weekly and monthly schedule of activities and advertise as needed, as well as develop an annual work plan outlining programs that will tackle the topic of addictions.
- Provide referrals for drug and alcohol-related counselling and support to individuals and groups in the community.

QUALIFICATIONS & SKILLS:

- Bachelor's Degree in Psychology or a combination of Counselling, Substance Abuse Training, etc.
- Minimum of 3-5 years of working experience in the Drug and Alcohol Counselling field.
- Experience in performing individual and group counselling sessions, crisis intervention, mediation and ability to facilitate healing circles.
- NNADAP (National Native Alcohol and Drug Abuse Program) Certification is considered an asset.
- Proficient knowledge of the causes and effects of drug and alcohol addiction, substance abuse, family dynamics, and trauma impacts.
- Knowledge of resource agencies such as treatment centers, local counsellors and/or other related health care providers, etc.
- Knowledge and active implementation of harm reduction principles.
- Experience with program and project management, delivery and evaluation.
- Ability to be flexible and to work in an environment that applies cross-training within other Health Departments, Programs & Services.
- Proficient computer skills, including Microsoft Office Applications (Word, Excel, Internet, and Email).
- Knowledge, respect and understanding of Anishnaabe culture, traditions and language are considered assets.
- Experience working with First Nation communities is considered an asset.
- High availability, the Walking Buffalo Detox Manager can expect to work some irregular hours, evenings and weekends and will need to manage time to accommodate scheduled and unscheduled client visits.

Other Requirements:

- The successful candidate must submit clear CPIC & Vulnerable Sector Checks.
- Must have a valid driver's licence and a reliable vehicle for work-related responsibilities.

Closing Date: May 6th, 2023

*We sincerely thank all applicants for their interest in the position;
however, only qualified applicants will be contacted for an interview.*

Please submit your cover letter and resume to Cote Health Director Darlene Bryant via email:
darlene.bryant@cotefn.ca



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EMPLOYMENT OPPORTUNITY

Summer Student positions (2)

Cote First Nation provides our members with a wide range of programs and services. Summer students will be responsible for supporting our Cote First Nation goals and activities. The summer students will work as a part of our administration based at the Cote First Nation Administration office.

Our Summer Students will provide support to various departments within Cote First Nation:

Qualifications:

- Applicants must be registered as full-time students during the 2022-2023 academic year and returning to school full-time in the 2023-2024 academic year.
- Must be between the ages of 16 and 30 years old.
- Understanding of and respect for First Nations culture and traditions.
- Demonstrated computer skills.
- Communication skills, both oral and written.
- Demonstrated time management and organizational skills.
- Ability to work as a team player and work independently.
- Ensure confidentiality and safekeeping of all documents and records.
- Must possess a valid SK driver's License Class 5.

Duration of Employment: May – August 31, 2023 (start dates may vary)

Please **email** your resume on or before Tuesday, May 9, 2023, to:

ATTENTION: Cote First Nation – Summer Student program
EMAIL TO: arlene.rimav@cotefn.ca

****Cote First Nation members will have preference**.**

Only those applicants selected for an interview will be contacted.

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Training Opportunities:

Volunteer Firefighting Training offered through SIIT. The course is located at the Rec-Plex in Cote First Nation. The course content will equip participants with the entry basics to firefighting.

For more information and for registration, contact **Valerie Cote @ 306-542-4800**

CN Program - Hiring Conductors

The CN career opportunity provides paid training, and competitive wages with benefits to the Conductor's positions. The position entails management opportunities to support skills, and trades to support successful outcomes.

For more information, visit the following website @ www.cn.ca/careers.

WE'RE HIRING

CONDUCTORS

WHAT WE OFFER

- Paid training & development
- Competitive wages and benefits
- Medical, vision, dental insurance
- Defined Benefit pension plan
- Employee share investment plan
- Management Opportunities

REQUIREMENTS

- At least 18 years of age
- High School diploma or equivalent
- Deemed medically fit for duty

The careers we offer are meaningful because the work we do matters. Join us!

www.cn.ca/careers

OR Scan





Volunteer Firefighting Training

Rec-Plex, Cote First Nation, SK
May 23 & 24, 2023

This two-day course covers the fundamentals of firefighting, including:

- Fire behavior
- PPE

By the end of the course, participants will have a solid foundation in the basics of firefighting and be better equipped to serve as competent and safe firefighters.

Register Now!

For more information and to register, please contact:

Valerie Cote
306-542-4800



www.SIIT.ca | @SIITLive

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Community Development Update

MultiUse Pathway - Partnered AECOM, EvolvSolar, Cote Public Works, Cote Lands, ISC CDO. Cote applied for funding for this project and received 100% approval on the \$2.4 million request from Active Transportation fund.

New Arena Parking Lot - Partnered with AECOM, Walker Projects, Seko Construction, New Arena PMT, ISC CDO. Community Development was approached to assist with finding funding to cover the parking lot expense.

New Arena Kitchen Appliances - Partnered with Community Development, Councillor Judge Cote, ISC CDO. Community Development submitted an application on the deadline date of May 31, 2023 to LFIF for approx. \$60.0k.

Community Greenhouses - Partnered with Community Development, Councillor Judge Cote, ISC CDO. Community Development submitted an application on the deadline date of May 31, 2023 to LFIF for approx. \$60.0k.

Recreation Site: Playground Structure - Partnered with Canadian Recreation Solutions, Cote Public Works, Councillor Judge Cote, Installer Regina - Ryan. This project was identified not only in the CCP, but also the #1 goal for the Community Safety Plan.



COTE FIRST NATION NEWSLETTER

Community Development Update

Recreation Site: Skate Park - Partnered with Canadian Recreation Solutions, Cote Public works, Councillor Judge Cote, Installer Regina - Ryan. This project was identified not only in the CCP, but also the #1 goal for the Community Safety Plan. CDWAI budget committed \$500.0k for this project, however with the Remediation project providing \$500.0k, this allows to repurpose the remaining funds of \$485.0k for the Spray Park.

Recreation Site: Spray Park - Partnered with Canadian Recreation Solutions, Cote Public Works, Councillor Judge Cote. This project was identified not only in the CCP, but also the #1 goal for the Community Safety Plan.

Public Transportation - Partnered with Cote Health, Cote Public Works, Councillor Judge Cote, ISC CDO, SIGA. This project was identified in the CCP.

Land Based Family Intervention Home - Partnered with Warshield Consulting, Walker Projects, Assured Restoration, Clifford Bird.

Cultural And Wellness Centre - Partnered with Seko Contrustion, EvolvSolar, ISC CDO

Canadian Heritage: Revitalizing and Strengthening the Sauteaux/Nahkawe Language and Culture - Community Development has submitted proposal to Canadian Heritage on May 8, 2023.

Community Safety Plan - Partnered with Public Safety Canada, Kelly Francis, CSP Core Team.

Canada Greener Affordable Housing Program - Partnered with EvolvSolar, Director of Infrastructure & Housing, ISC Sunshine Gonzalez. EvolvSolar brought this opportunity to the attention of Cote First Nation, and Cote confirmed their participation in this opportunity.

Communication: Quarterly Newsletter April - June 2023 - Partnered with Program Heads. The Summer Student will compile information to complete this task.

Communication: Annual Report - Partnered with Program Heads. The Summer Student will compile an annual report template to share.

Summer Student Employment - Partnered with Community Development, Youth Centre. Community Development applied for funding through FNIYES for 23/24. Onboarded two Summer Students. One works with Community Development, and the other with the Cote Youth Centre.